

Academic Coaching

Learn, Master, Create



What is Academic Coaching?

The Academic Coaching program is designed to work on student revision and Metacognitive Practices in order to improve VCE Results. Through supervised study sessions, students will be paired with a coach on a fortnightly basis. Through this, coaches will mentor students. They will reflect together on progress, and also monitor revision through completion of Master Notes.

What is it modeled on?

The mentoring program is centered around the Elevate Study Skills Approach that has been taught to students of Melba College. It is a 3-stage approach of

1. Learn

This stage has its basis in the classroom. This is where students complete class activities, prepare SAC's and complete a workbook of notes. It is the domain of the Classroom Teacher.

2. Master

In this stage, students create a study folder (**Master Notes**) for their subjects. Every week, students should add the latest set of notes based on the concepts/ideas and content learnt during the week from each subject. These notes can be written in a way that best suits the learner. This needs to be timetabled into each student's individual study timetable.

This is the domain of the student, **yet as teachers we can help facilitate this process, by handing out Master Note guides to our students**, including the key content that students need to 'Master' when revising. Model responses have been provided for you.

They can take a variety of forms, and are not limited to, but include:

- Dot Point Summaries
- Summary/Capacity Matrix
- Mind Maps
- Cut and Paste Docs
- Venn Diagrams
- Process Diagrams
- Analogies
- Visual Summaries

3. Create

The final stage of the process is where students' apply their knowledge of the content and concepts learnt throughout the semester/year. Students will be encouraged to complete practice papers, work in small groups, and create ways in which to revise. The Academic Coach role is vitally important in the lead up to the exam period, and the classroom teacher is also pivotal in assisting students to locate practice exams, encouraging the completion of those and providing prompt and effective feedback.

